

Botvin LifeSkills Training Elementary School Program (pages 4-5)
Elementary School Level 1 (Grades 3/4)

| | ENGLISH | PRICE |
|--|-----------|------------|
| Student Guide 10-Pack | ES10PK L1 | \$50.00 |
| Teacher's Manual | ESSTM L1 | \$85.00 |
| Training set (1 Teacher's Manual & 1 Student Guide) | ESSSET L1 | \$95.00 |
| Curriculum set (1 Teacher's Manual & 30 Student Guides) | ESCSET L1 | \$235.00 |
| Best Value (1 Teacher's Manual, 30 Student Guides, & 30 CD-ROMs) | ESVSET L1 | \$1,100.00 |

Elementary School Level 2 (Grades 4/5)

| | ENGLISH | PRICE |
|--|-----------|------------|
| Student Guide 10-Pack | ES10PK L2 | \$50.00 |
| Teacher's Manual | ESSTM L2 | \$85.00 |
| Training set (1 Teacher's Manual & 1 Student Guide) | ESSSET L2 | \$95.00 |
| Curriculum set (1 Teacher's Manual & 30 Student Guides) | ESCSET L2 | \$235.00 |
| Best Value (1 Teacher's Manual, 30 Student Guides, & 30 CD-ROMs) | ESVSET L2 | \$1,100.00 |

Elementary School Level 3 (Grades 5/6)

| | ENGLISH | PRICE |
|---|-----------|----------|
| Student Guide 10-Pack | ES10PK L3 | \$50.00 |
| Teacher's Manual | ESSTM L3 | \$85.00 |
| Training set (1 Teacher's Manual & 1 Student Guide) | ESSSET L3 | \$95.00 |
| Curriculum set (1 Teacher's Manual & 30 Student Guides) | ESCSET L3 | \$235.00 |

Full Elementary Curriculum Set

| | ENGLISH | PRICE |
|---|---------|----------|
| Full curriculum set | ESFSET | \$655.00 |
| Levels 1-3 (1 Teacher's Manual & 30 Student Guides per level) | | |

Botvin LifeSkills Training Middle School Program (pages 6-9)



Middle School Level 1 (Grades 6/7)

| | ENGLISH | PRICE |
|--|-----------|------------|
| Student Guide 10-Pack | MS10PK L1 | \$60.00 |
| Teacher's Manual | MSSTM L1 | \$85.00 |
| Training set (1 Teacher's Manual & 1 Student Guide, 1 Stress Management Techniques audio CD & 1 Smoking and Biofeedback DVD) | MSSSET L1 | \$125.00 |
| Curriculum set (1 Teacher's Manual, 30 Student Guides, 1 Stress Management Techniques CD & 1 Smoking and Biofeedback DVD) | MSCSET L1 | \$295.00 |
| Best Value (1 Teacher's Manual, 30 Student Guides, 1 Stress Management Techniques audio CD, & 30 CD-ROMs) | MSVSET L1 | \$1,100.00 |

Middle School Level 2 (Grades 7/8)

| | ENGLISH | PRICE |
|--|-----------|----------|
| Student Guide 10-Pack | MS10PK L2 | \$50.00 |
| Teacher's Manual | MSSTM L2 | \$65.00 |
| Training set (1 Teacher's Manual, & 1 Student Guide) | MSSSET L2 | \$75.00 |
| Curriculum set (1 Teacher's Manual, 30 Student Guides, 1 Stress Management Techniques audio CD, & 1 Smoking and Biofeedback DVD) | MSCSET L2 | \$245.00 |

Middle School Level 3 (Grades 8/9)

| | ENGLISH | PRICE |
|---|-----------|----------|
| Student Guide 10-Pack | MS10PK L3 | \$40.00 |
| Teacher's Manual | MSSTM L3 | \$45.00 |
| Training set (1 Teacher's Manual & 1 Student Guide) | MSSSET L3 | \$55.00 |
| Curriculum set (1 Teacher's Manual, 30 Student Guides, & 1 Stress Management Techniques audio CD) | MSCSET L3 | \$175.00 |

Full Middle School Curriculum Set

| | ENGLISH | PRICE |
|--|----------|----------|
| Full curriculum set | MSFSET | \$645.00 |
| Levels 1-3 (1 Teacher's Manual, 30 Student Guides per level, 1 Stress Management Techniques audio CD, & 1 Smoking and Biofeedback DVD) | | |
| Stress Management Techniques audio CD | MSSTRESS | \$10.00 |
| Smoking & Biofeedback DVD | MSDVD | \$20.00 |

Botvin LifeSkills Training High School Program (pages 10-11)
(Grades 9/10)

| | ENGLISH | PRICE |
|---|---------|----------|
| Student Guide 10-Pack | HS10PK | \$60.00 |
| Teacher's Manual | HSSTM | \$85.00 |
| Training set (1 Teacher's Manual & 1 Student Guide) | HSSSET | \$95.00 |
| Curriculum set (1 Teacher's Manual & 30 Student Guides) | HSCSET | \$265.00 |

Botvin LifeSkills Training Transitions Program (pages 12-13)
(Grades 11/12)

| | ENGLISH | PRICE |
|---|---------|----------|
| Student Guide 10-Pack | TR10PK | \$60.00 |
| Teacher's Manual | TRSTM | \$85.00 |
| Training set (1 Teacher's Manual & 1 Student Guide) | TRTSET | \$95.00 |
| Curriculum set (1 Teacher's Manual & 30 Student Guides) | TRCSET | \$265.00 |

Botvin LifeSkills Training Parent Program (page 14)

| | ENGLISH | PRICE |
|---|----------------|----------|
| Parent Program (1 Parent Guide & 1 DVD) | MIPPO01DVD | \$59.95 |
| 5-Pack | MIPPO01DVD5PK | \$299.00 |
| 10-Pack | MIPPO01DVD10PK | \$540.00 |

Botvin LifeSkills Training Parent Program Workshop Set (page 14)

| | ENGLISH | SPANISH | PRICE |
|--|----------|-----------|----------|
| Parent Program Workshop Set (1 Parent Program Leader's Guide, 1 Parent DVD, & 20 Parent Workshop Guides) | PPWSET | | \$395.00 |
| Parent Program Leader's Guide | PPLG | | \$175.00 |
| Workshop Guide 10-Pack | PPWG10PK | PPWGP10PK | \$120.00 |
| Workshop Guide 20-Pack | PPWG20PK | PPWGP20PK | \$220.00 |
| Training Set (1 Leader's Manual, 1 Workshop Guide, & 1 Parent DVD) | PPSSET | | \$192.00 |

Botvin LifeSkills Training Elementary CD-ROM, Level 1 (page 15)

| | ITEM # | PRICE |
|----------------------------|---------------|----------|
| Elementary CD-ROM, Level 1 | ESCD-ROM | \$49.95 |
| 5-Pack | ESCD-ROM 5PK | \$249.75 |
| 10-Pack | ESCD-ROM 10PK | \$449.55 |
| 20-Pack | ESCD-ROM 20PK | \$799.20 |

Botvin LifeSkills Training Elementary CD-ROM, Level 2 (page 15)

| | ITEM # | PRICE |
|----------------------------|----------------|----------|
| Elementary CD-ROM, Level 2 | ESCD-ROM2 | \$49.95 |
| 5-Pack | ESCD-ROM2 5PK | \$249.75 |
| 10-Pack | ESCD-ROM2 10PK | \$449.55 |
| 20-Pack | ESCD-ROM2 20PK | \$799.20 |

Botvin LifeSkills Training Middle School 101 (page 15)

| | ITEM # | PRICE |
|--------------------------|---------------|----------|
| Middle School 101 CD-ROM | MSCD-ROM | \$49.95 |
| 5-Pack | MSCD-ROM 5PK | \$249.75 |
| 10-Pack | MSCD-ROM 10PK | \$449.55 |
| 20-Pack | MSCD-ROM 20PK | \$799.20 |

Immediate Health Effects of Tobacco (page 15)

| | ITEM # | PRICE |
|---|--------|---------|
| Immediate Health Effects of Tobacco | IHET | \$99.00 |
| Additional student worksheets (6-packs, 30 worksheets each) | IHETWS | \$39.95 |

Celebration Collection (page 16)

| | ITEM # | RED RIBBON | PRICE |
|--------------------------------|-----------|------------|---------|
| Elementary School Set | ESCS | | \$54.00 |
| Middle School Set | MSCS | | \$76.50 |
| High School Set | HSCS | | \$84.00 |
| Elementary School Certificates | LSTCERTES | | \$3.00 |
| Middle School Certificates | LSTCERTMS | | \$3.00 |
| High School Certificates | LSTCERTHS | | \$3.00 |
| Got Skills T-Shirt | TSSKILLS | | \$10.00 |
| Classic T-Shirt | TS | | \$10.00 |
| Backpack | LSTDRAW | | \$3.00 |
| Water Bottle | LSTWATER | | \$1.50 |
| Wristband | LSTBAND | LSTBANDRED | \$1.00 |
| Balloons | LSTBAL | | \$3.00 |
| Pens | LSTPEN | LSTPENRED | \$1.25 |
| Hi-Liter Pen | LSTHP | | \$1.50 |
| Pencils | LSTFOIL | LSTFOILRED | \$5.00 |

Substance Abuse Prevention (page 17–18)

| | DVD ITEM# | PRICE |
|--|--------------------|---------------------|
| Media Detective Kit (Grade 3) Student Notebook 10-pack | MDCK3 MDSN3 | \$400.00 \$55.00 |
| Media Detective Kit (Grade 4/5) Student Notebook 10-pack | MDCK4/5 MDSN4/5 | \$400.00 \$55.00 |
| Media Ready (Grades 6-8) Student Workbook 10-pack | MRCK6-8 MRSN6-8 | \$300.00 \$30.00 |
| Media Detective Family Night Kit | MDFNK | \$225.00 |
| Media Detective Family Packs | MDFP | \$100.00 |

Wise Owl's Drug Safety Kit

| | DVD ITEM# | PRICE |
|----------------------------|-----------|----------|
| Wise Owl's Drug Safety Kit | HRM900DV | \$329.95 |

TARGETED! How Tobacco & Alcohol Companies Try to Get You Hooked

| | DVD ITEM# | PRICE |
|---|-----------|----------|
| TARGETED! How Tobacco and Alcohol Companies Try to Get You Hooked | HRM583DV | \$139.95 |

The Truth About Teen Alcohol Use 101: A Social Norms Approach

| | DVD ITEM# | PRICE |
|---------------------------------------|-----------|----------|
| The Truth About Teen Alcohol Use 101: | DE877936 | \$149.95 |

The Real True and False About Alcohol, Marijuana, and Inhalants

| | DVD ITEM# | PRICE |
|---|-----------|----------|
| The Real True and False About Alcohol, Marijuana, and Inhalants | DE867184 | \$129.95 |

For Parents and Professionals

Reality Matters for Parents 4-Pack

| DVD ITEM# | PRICE |
|-----------|----------|
| DE024659 | \$159.95 |

Alcohol & the Teenage Brain: A Video Guide for Parents and Professionals

| DVD ITEM# | PRICE |
|-----------|---------|
| HRM4100DV | \$19.95 |

Underage Drinking: A Video Guide for Parents and Professionals

| DVD ITEM# | PRICE |
|-----------|---------|
| HRM4103DV | \$29.95 |

Marijuana: A Video Guide for Parents and Professionals

| DVD ITEM# | PRICE |
|-----------|---------|
| HRM4102DV | \$29.95 |

Health and Wellness (pages 18 - 21)

Relationships

| | DVD ITEM# | PRICE |
|--|-----------|----------|
| What Does it Mean to Be a Good Friend? | HRM901DV | \$99.95 |
| Coping with Disruptive Life Changes | HRM902DV | \$139.95 |
| Toxic Relationships | DE872259 | \$149.95 |
| Dating for Real: Building Safe and Healthy Relationships | HRM497DV | \$199.95 |

Reality Matters: Adolescence

Reality Matters: Students at Risk 6-Pack

| | DVD ITEM# | PRICE |
|--|-----------|----------|
| Reality Matters: Students at Risk 6-Pack | DE024165 | \$259.95 |
| Extreme Measures | DE776310 | \$59.95 |
| Deadly Highs | DE776328 | \$59.95 |
| Smoke Signals | DE776302 | \$59.95 |
| High Performance | DE776336 | \$59.95 |
| Cruel Schools | DE776351 | \$59.95 |
| Sexual Pressures | DE776344 | \$59.95 |

Financial Literacy for Students

| | | |
|---------------------------------|----------|---------|
| Financial Literacy for Students | DE024354 | \$59.95 |
|---------------------------------|----------|---------|

Skills for Healthy Living

| | DVD ITEM# | PRICE |
|----------------------------------|-----------|---------|
| Analyzing Media Influences | DE890012 | \$59.95 |
| Coping with Change | DE890038 | \$59.95 |
| Handling Stress | DE890053 | \$59.95 |
| Learning to Like Yourself | DE890061 | \$59.95 |
| Making Healthy Choices | DE890079 | \$59.95 |
| Sex and Consequences | DE890111 | \$59.95 |
| Weighing the Risks | DE890095 | \$59.95 |
| Setting Goals for Healthy Living | DE890103 | \$59.95 |

Health and Nutrition

| | DVD Item | Whiteboard | PRICE |
|---|-----------|------------|----------|
| MyPlate & You: Learning About Nutrition, Health & Exercise | HRM8193DV | | \$109.95 |
| MyPlate, My Health: The Newest Dietary Guidelines | HRM8192DV | | \$139.95 |
| Healthy Eating & Exercise: Putting It All Together with MyPlate.gov | HRM8194DV | HRM8194WB | \$139.95 |
| Mind/Body Connection: How Your Emotions Affect Your Health | HRM8261DV | | \$149.95 |
| Ten Ways to Stay Safe on the Internet | HRM8270DV | | \$149.95 |

Bullying Prevention (pages 22-23)

Bullying in the Classroom Series

| | DVD ITEM# | PRICE |
|--|-----------------|-----------------|
| Bullying in the Classroom Series | DE015321 | \$259.95 |
| Bullying Effects: School of Hard Knocks | DE985390 | \$89.95 |
| Bullying: What Every Adult Needs to Know | DE985408 | \$89.95 |
| Stop Bullying! Standing Up for Yourself & Others | DE985416 | \$89.95 |

I Was Cyberbullied

| | DVD ITEM# | Whiteboard | PRICE |
|--------------------|-----------|------------|----------|
| I Was Cyberbullied | HRM904DV | HRM712WB | \$139.95 |

Bully Bystanders: You Can Make a Difference

| | DVD ITEM# | PRICE |
|---|-----------|----------|
| Bully Bystanders: You Can Make a Difference | HRM903DV | \$139.95 |

Standing Tall: Learning Assertiveness Skills

| | DVD ITEM# | PRICE |
|--|-----------|----------|
| Standing Tall: Learning Assertiveness Skills | HRM701DV | \$129.95 |

The Bully Proof Kit

| | DVD ITEM# | PRICE |
|----------------------------|-----------------|-----------------|
| The Bully Proof Kit | HRM712DV | \$399.95 |
| Are You a Bully? | HRM697DV | \$99.95 |
| Don't Stand By | HRM699DV | \$99.95 |
| Five Ways to Stop a Bully | HRM698DV | \$99.95 |
| Help! I'm a Bully | HRM700DV | \$99.95 |

Wise Owl Bully Stopper Kit

| | ENGLISH | SPANISH# | PRICE |
|-----------------------------------|------------------|------------------|-----------------|
| Wise Owl Bully Stopper Kit | HRM8004DV | HRM8004SD | \$329.95 |
| Don't Be a Bully Bystander | HRM8001DV | HRM8001SD | \$99.95 |
| I See a Bully | HRM8002DV | HRM8002SD | \$99.95 |
| You Can Stop a Bully | HRM8003DV | HRM8003SD | \$99.95 |

Training Services (page 24)

| | | |
|--|--------|------------|
| One-day Foundation Training Workshop, open (online or in-person) | OTPFW | \$235.00 |
| Training of Trainers (TOT) Workshop (materials included) | OTPTOT | \$1,070.00 |

To obtain a quote or information on arranging a training workshop or technical assistance, email training@nhpamail.com or call 1-800-293-4969.