

*LifeSkills Training*

*Parent Program*

**Survey**

## **Section I**

**Directions: Please write down or circle the appropriate answer as required.**

**1. Are you:**

- 1 Male      2 Female

**2. What is your age?** \_\_\_\_\_ (years)

**3. What is the highest level of education you have completed?**

- |                                    |                     |
|------------------------------------|---------------------|
| 1 Less Than High School            | 4 Bachelor's Degree |
| 2 High School                      | 5 Master's Degree   |
| 3 Assoc Degree / 2-Year Jr College | 6 Doctoral Degree   |

**4. What is your current marital status? Are you...?**

- |             |            |
|-------------|------------|
| 1 Single    | 4 Divorced |
| 2 Married   | 5 Widowed  |
| 3 Separated | 6 Other    |

**5. Which of the following best describes you?**

- |                             |                                      |
|-----------------------------|--------------------------------------|
| 1 Latino or Hispanic        | 4 American Indian or Native American |
| 2 Black or African-American | 5 White and Non-Latino, or           |
| 3 Asian                     | 6 Other                              |

**6. Including yourself, how many people are currently living in your household?**

\_\_\_\_\_

**7. Of these household members, how many are between the ages of 11 and 15 years of age?**

\_\_\_\_\_

## **Section II**

**Directions:** Read each statement below and indicate your answer by circling the appropriate answer.

	<b>True</b>	<b>False</b>
	<b>1</b>	<b>2</b>
<b>1. Most lung cancer cases are linked to cigarette smoking.</b>	1	2
<b>2. Individuals who begin using drugs at age 12 to 15 are at highest risk for developing addictions later.</b>	1	2
<b>3. Cigarette smoking is physically and psychologically addictive.</b>	1	2
<b>4. Most adults smoke cigarettes on a daily basis.</b>	1	2
<b>5. Most adults use marijuana once a month or more.</b>	1	2
<b>6. Adolescent drug use in the United States is the highest in the developed world.</b>	1	2
<b>7. Providing facts about cigarettes, alcohol, marijuana and other drugs can actually lead to drug use due to increased curiosity.</b>	1	2
<b>8. Experimentation with drugs typically begins with the use of cigarettes and alcohol.</b>	1	2
<b>9. All types of adolescents experiment with drugs.</b>	1	2
<b>10. Few adolescents engage in alcohol, tobacco and other drug use.</b>	1	2

### Section III

**Directions:** Please circle a number to indicate your answer to each statement.

	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Neither Agree Nor Disagree</b>	<b>Agree</b>	<b>Strongly Agree</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>1. Smoking cigarettes is a socially acceptable habit/behavior for adults.</b>	1	2	3	4	5
<b>2. Smoking cigarettes is a socially acceptable habit/behavior for teenagers.</b>	1	2	3	4	5
<b>3. It is okay for teenagers to experiment with <i>cigarettes</i> because it is a natural part of growing up.</b>	1	2	3	4	5
<b>4. It is okay for teenagers to experiment with <i>alcohol</i> because it's a natural part of growing up.</b>	1	2	3	4	5
<b>5. It is okay for teenagers to experiment with <i>marijuana</i> because it's a natural part of growing up.</b>	1	2	3	4	5
<b>6. It is primarily the responsibility of the school to educate my child on drug abuse prevention.</b>	1	2	3	4	5
<b>7. Parents play an unimportant role in the development of their child's health habits.</b>	1	2	3	4	5
<b>8. The use of authority figures (such as police officers) in teaching middle school students about drug prevention is an effective approach.</b>	1	2	3	4	5
<b>9. Adolescents that begin using drugs are usually from homes in which parental care is lacking.</b>	1	2	3	4	5

## **Section IV**

**Directions:** Please circle a number to indicate your answer to each statement.

<b>PART 1</b>	<b>Never</b>	<b>Seldom</b>	<b>Sometimes</b>	<b>Often</b>	<b>Always</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>1. I share and teach good values to my child.</b>	1	2	3	4	5
<b>2. By dealing with stress appropriately, I set good examples for my child.</b>	1	2	3	4	5
<b>3. I demonstrate my own sense of positive self-esteem in order to influence my child's self-esteem.</b>	1	2	3	4	5
<b>4. I talk to my child about NOT using drugs.</b>	1	2	3	4	5
<b>5. I surround my child with others who model appropriate behaviors.</b>	1	2	3	4	5
<b>6. I stand up for my rights when I feel they are violated.</b>	1	2	3	4	5

<b>PART 2</b>	<b>Never</b>	<b>Seldom</b>	<b>Sometimes</b>	<b>Often</b>	<b>Always</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>1. I remain calm and in control when my child misbehaves.</b>	1	2	3	4	5
<b>2. I help my child to figure out solutions to their own problems.</b>	1	2	3	4	5
<b>3. I enforce clear rules that spell out what I expect my child to do and not to do.</b>	1	2	3	4	5
<b>4. I am consistent in disciplining my child for undesirable behaviors.</b>	1	2	3	4	5

	Never	Seldom	Sometimes	Often	Always
	1	2	3	4	5
5. I match the punishment to how serious my child's undesirable behavior is.	1	2	3	4	5
6. I reinforce positive behavior through praise and reward.	1	2	3	4	5
7. I listen carefully to my child helping him/her to use words to express his/her feelings.	1	2	3	4	5

PART 3	Never	Seldom	Sometimes	Often	Always
	1	2	3	4	5
1. I create a safe environment for my child to approach me about his/her concerns.	1	2	3	4	5
2. I initiate family meetings to discuss problems or issues my child might be dealing with.	1	2	3	4	5
3. I talk to my child about family rules about alcohol, tobacco and other drug use.	1	2	3	4	5
4. I talk to my child about how to refuse an offer from peers to use drugs.	1	2	3	4	5
5. I talk to my child about ways to handle stress in his/her life without the use of cigarettes, alcohol or marijuana.	1	2	3	4	5

PART 4	Never	Seldom	Sometimes	Often	Always
	1	2	3	4	5
1. I am aware of my child's after-school activities.	1	2	3	4	5

	Never	Seldom	Sometimes	Often	Always
	1	2	3	4	5
2. I am aware of my child's whereabouts on weekends.	1	2	3	4	5
3. I set a clear curfew time for when my child is required to be home.	1	2	3	4	5
4. I closely monitor my child's daily activities.	1	2	3	4	5

PART 5	Never	Seldom	Sometimes	Often	Always
	1	2	3	4	5
1. I tell my child that I do not want him/her to use <i>cigarettes</i> .	1	2	3	4	5
2. I tell my child that I do not want him/her to use <i>alcohol</i> .	1	2	3	4	5
3. I tell my child that I do not want him/her to use <i>marijuana</i> .	1	2	3	4	5
4. I talk to my child about the risks of using tobacco, alcohol and other drugs.	1	2	3	4	5
5. I tell my child that I would be disappointed if he/she used drugs.	1	2	3	4	5