



Evidence-Based Prevention Programs for Schools, Families, and Communities

Training of Trainers (TOT) Workshop Overview

Two-day advanced training workshops teach participants how to deliver and conduct LifeSkills Provider Training Workshops for their organization.

TOT Workshop fee (\$1,500) includes:

- 2-day TOT training workshop (breakfast and lunch provided)
- Participant's Manual (LST Training Slides)
 - Elementary School Training
 - Middle School Training
 - Booster Level Training
 - High School and Transitions Training supplements
- Certification to use NHPA's Training Model for Workshop & Technical Assistance for your site.
- Access to the TOT Resource Center (www.lifeskillstraining.com/tot) for links to electronic versions of presentations, documents, and helpful resources including:
 - LST Training Slides for LST Elementary, LST Middle School, LST High School, and LST Transitions
 - Planning Workbook
 - LST Evaluation Tools
 - Fidelity Checklists
 - Curriculum Alignment
 - Classroom Assessments
 - Training Certificate template

Requirements for becoming a Trainer of Trainers (TOT):

1. Successful completion of a LifeSkills Provider Training workshop.
2. Implementation of at least one level of the LST program for a full cycle. (*Elementary School 8 sessions; Middle School a minimum of 15 sessions; High School 10 sessions; or Transitions 6 sessions*).

Questions? Email lstinfo@nhpamail.com or Call 800-293-4969 or Visit www.lifeskillstraining.com



National Health Promotion Associates